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37 responses

Summary

Can you explain the differences between sport and physical activity?

sports has more competition
yes
there is more rules in sport
sport is easier
sport is usually playing games and activities , phisical activity is usually more running and strengthening.
sport has more rulesw
sports has more competitions
the pictures shows us
yes
in hurling you go by rules but in danceing you can do anything
the diffrence is sports has scores of games sports activetes dont have scores
sport is better
i do more sport then physical activitys
Some physical activitys have less competition
sport is a game and theuder is not.
There diffrent things.
physical sports are mostly about strength sports are usually about ajility
playing games is sport
sport is more fun
there is no difference

What could be the benefits of sport ?

when you play sports it is fun to play with your freinds.
its to get fit and have fun
sport is good for geting freash air
it keeps you fit
climbing mountans
keeping fit and having fun
to have fun

sport is great for geting fit in a fun way.

running

your happier and healthier

having fun and playing with your friends

sports are fun

fit

they are fun

it is great fun and great for geting fit

Geting fit.

to make you healthy

it would make your more fit

getting fit

sport is realy fun

when you play sports you are usually healthier phisicaly and mentally

its good

Where can we practice those sports?

in the club and at home

in a pitch

at school and in sports clubs

anywhere really

we can practice the sports in school.

on the grass

In a feild.

outside

in school and at a pitch

at school and at sports clubs

at school or t home

when your on holidays

school at home n your backyard at the park

in the club and at your house

anywhere but not inside

on the grass , in school and at home

we can practise sports in school in our local club and at home with brothers and sisters or on your own

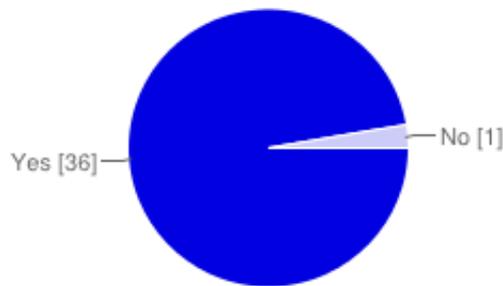we p actice at home, school and in your club or place that you train

locally

in school and at home

at home and at school

anywhere

Do you practice sports at school?

Yes	**36**	97%
No	**1**	3%

## What sports or games do you practice at school?

soccer gailec hurling
i like to play tag and hurling with my big brother
hurling
vollyball, hurling
we practice hurling soccer vollyball gaelic.
soccer, hurling, vollyball, rounders
footdall catch and hurling
hurling, soccer and ollyball
hurling
we do hurling ,spickball,dogeball,rounders,
hurling, soccer and vollyball
soccer
we practice baseball,football,hurling,dodge ball,rugby,handball and volleyball
hurling, soccer and rounders
we practise soccer,gaelic football, hurling , spikeball , handball, rounders and cycling
hurling, vollyball and soccer
catch and skipping
Vollyball, Hurling, Soccer
all kinds
Foot ball/Hurling
skipping and catch
football
soccer, dodge ball, hurling, and rounders.
we do hurling,football ,volley ball,dodgeball,rounders,

How much time do you spend practising sport at school ?
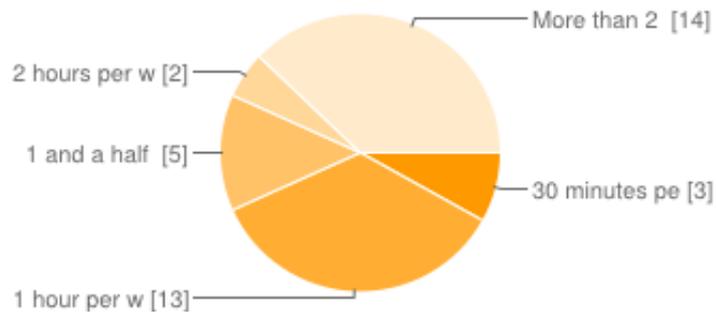
30 minutes per week	**3**	8%
1 hour per week	**13**	35%
1 and a half hours per week	**5**	14%
2 hours per week	**2**	5%
More than 2 hours per week	**14**	38%

Do you practice sports outside school? How much time do you spend?
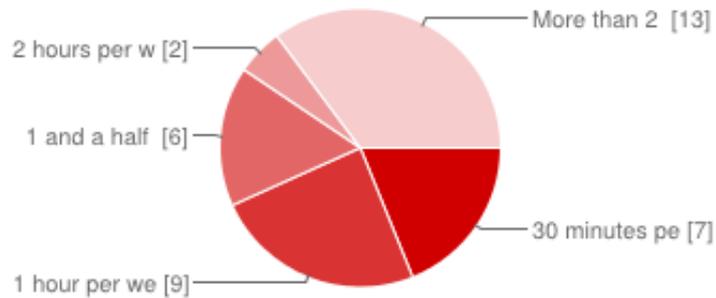
30 minutes per week	**7**	19%
1 hour per week	**9**	24%
1 and a half hours per week	**6**	16%
2 hours per week	**2**	5%
More than 2 hours per week	**13**	35%

If you do not play any sports/do activity can you explain why ?

its fun
because it is fun
its fun and you make new friends
dance its fun

Why did you choose to play this sport (those sports?)

its fun
hurling
it is fun

they are fun

because it is fun

I play soccer because it,s a very fun game

its fun and its good exercise

cause I like it

I play them because I really enjoy sports and playing the likes of hurling and rugby

they are fun

I love sport it is realy fun.

because they are fun and i practice them every day

this is more fun

spot is great i love sport

theynare fun

rubgy

I don't play them

for fun and to get good at them

they are good

sport is very fun

becaue its fun

If you play a team sport outside school please write the name of sport(s)

no

hurling

Vollyball, hurling and soccer

I don't play

Irish Dancing

hurling

football,

hurling,rubgy,tennis

soccer and huling.

no i do not

hurling gaelic rugby

hurling rugby

soccer

comigue

Rugby and hurling

swimming hurling

hurling and soccer

hurling, rubgy

irish dancing

soccer gailec hurling boxing

rubgy

hurling and football

swimming

dance

kiltormor

rugby

football

Do you do physical activities at home ? Which one ?

cycling

running,walking,playing

danceing

walking and cycling

playing , rugby with brothers , hurling with brothers, horse riding , farming and riding bikes

I walk every day , cycle every day and i outside every day and I practice

walking and cclying

danceing and swiming

bike and rugby

i walk and cycle and play with my friends every day

cycle and walk

yes i play rugby

Walking, cycling

farming soccer and hurling.

playing outside with friends

i play out side

i gonriding on my bike

i play outside with my freind

i walk cycle and play out side

biking

walking

yes. playing soccer walking playing outside
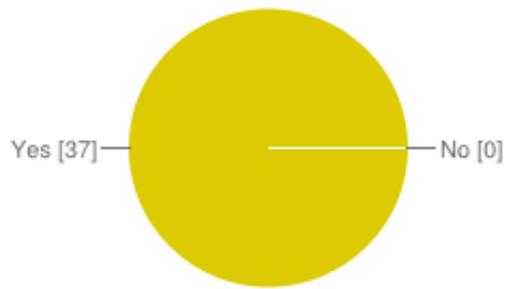
bike and play outside

playing

dance

walking with my friends

football

Is it important to undertake physical activity ?

Yes	**37**	100%
No	**0**	0%

Can you explain why?

you get as much exercise doing physical activity as you do sport
for your health
it is fun
it keeps you fit and healthy
you can get very fit.
because it makes you fit and it is good exercise
it keeps you fit
to get your strenght
because it makes you fi
because you can get big and strong
to keep you fit
because it is fun
because you make neew friends
you get a lot of freash air
you have to keep active
yes
to make new now firends
it is very important to do phisical activities to say fit and healthy
cause its fun
becuause it is good for you
it is fun and is great for geting fit
if you do not you can get unfit
to keep u healthy
they are so cool
to get exercise
because it makes you fit
for your health and to get fit

Number of daily responses